

Rotary
District 3011



HERITAGE

Newsletter for the month of May' 25



ROTARY CLUB OF FARIDABAD HERITAGE

President – Rotary Club of Faridabad Heritage (2024–25)

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Dear Fellow Rotarians,

As we step into the final month of this Rotary year, I take a moment to reflect with gratitude and pride on all we've shared and achieved together.

This May, our most heartwarming highlight was the Family Get-Together in Shillong, Meghalaya. Beyond the scenic beauty and cultural richness, what truly stood out was the spirit of togetherness. Spending quality time with fellow members and their families in such a vibrant setting reminded us that Rotary is not just about service—it's about connection, friendship, and shared purpose.

As we return from this memorable trip, we are recharged to continue our work in service of the community. Our recent initiatives in health camps, literacy support, and environmental sustainability have begun to show real impact—and we are committed to building on this momentum.

With just one month left in this Rotary year, I urge each one of you to remain engaged, contribute actively, and help close the year with strength and purpose. Our service projects need your leadership, your presence, and your heart.

To the incoming team, I extend my warmest wishes. You are stepping into a role full of potential and promise. The road ahead will require vision, teamwork, and compassion—but I have no doubt that you will lead with distinction. We, as your fellow Rotarians, stand beside you in support and solidarity.

Let us finish this year on a high note—and look ahead with hope and determination.

Yours in Rotary,

Rtn. Anshu Gupta

President, Rotary Club of Faridabad Heritage



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Director Fellowship – Rotary Club of Faridabad Heritage (2024–25)

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Dear Fellow Rotarians,

As we reach the close of this Rotary year, June offers us a meaningful reminder of what lies at the heart of our movement—fellowship.

In Rotary, June is designated as "Rotary Fellowships Month," focusing on promoting fellowship, international goodwill, and the benefits of joining Rotary Fellowships. It's a time to appreciate the connections built within Rotary and explore opportunities for further engagement and friendship.

Our club has always cherished the spirit of camaraderie. Whether it's the laughter shared at club meetings, the bonds formed during community service, or the joy of travelling together—as we did during our recent Meghalaya family trip—these moments strengthen our purpose and make Rotary more than just service: they make it a way of life.

Fellowship is the thread that weaves together our diversity, talents, and dreams. As Director Fellowship, I have been fortunate to witness how these bonds deepen when we come together not just as volunteers, but as friends.

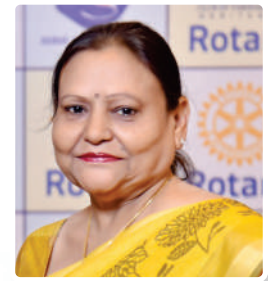
As we pass the baton to the incoming leadership, I encourage the new team to continue nurturing this culture of warmth, inclusion, and mutual respect. Keep creating spaces where members feel valued and connected—because a united club is a stronger club.

Let June be not just a month of reflection, but a time to renew our commitment to each other and to the ideals of Rotary.

In Friendship and Service,

Director – Fellowship

Rtn. Veena Gupta



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EVERY GREAT DREAM BEGINS
WITH A DREAMER. ALWAYS
REMEMBER, YOU HAVE WITHIN
YOU THE STRENGTH, THE
PATIENCE, AND THE

P A S S I O N

TO REACH FOR THE STARS TO
CHANGE THE WORLD.

HARRIET TUBMAN

Protect the Community





Rotary

CLUB OF
FARIDABAD HERITAGE
MAY EDITION

COMMITMENT TO MAKE FARIDABAD A ZERO WASTE CITY



SWACHH FARIDABAD SANKALP

An Initiative to Drive Greener & Cleaner Environment

Zero Waste & Environmental Conservation Evening

An impactful evening on **11th May 2025**, hosted at Sarvodaya Hospital, Sector 8, focused on Zero Waste and Environmental Conservation, jointly organized by Rotary Club of Faridabad Heritage and Sarvodaya Foundation.

Host

Mr. Padamjeet Sherawat – Motivational Speaker, Sports Commentator & Musician, whose energy and music lifted the spirit of the evening.

Key Speakers

- **Dr. Ruby Makhija, Founder** – Why Waste Wednesdays
- **Mr. Mayank Sinha, Head** – Marketing & D2C, Attero
- **Ms. Sanyogita Singh, City Manager** – Delhi NCR, Bintix
- **Mr. A.K. Gaur, Social Activist** – Faridabad Action Group



SWACHH FARIDABAD SANKALP

An Initiative to Drive Greener & Cleaner Environment

Distinguished Guests:

- **Shri Vipul Goel Ji, Cabinet Minister – Haryana**
- **Shri Dharendra Khangata, Commissioner – MCF**
- **Rtn. Mahesh P. Trikha, District Governor – Rotary**

The event left everyone inspired to take collective action toward a Cleaner, Greener Faridabad.





DISEASE PREVENTION & TREATMENT

Blood Donation & Health Camp

Gurudwara Vazirsthan, NIT-2



On 4 May, 2025 Rotary Faridabad Heritage, in association with Bhatia Ekta Manch, organized a Blood Donation & Health Check-up Camp at Gurudwara Vazirsthan Society, NIT-2, Faridabad.

Free Services Provided

- BP
- Sugar
- Hemoglobin / Cholesterol
- Doctor Consultation

Total Beneficiaries: **103 people**

Blood Units Collection: **35**

A heartfelt thank you to all who participated and supported this impactful health initiative.



BLS Training & Health Talk

at DAV Public School, Sec-49

On 8 May 2025, a BLS Training and Health Talk session was conducted for students at DAV Public School, Sector 49, by Rotary Club of Faridabad Heritage in collaboration with Sarvodaya Hospital.

BLS Training: Dr. Prakriti

Health Talk on Dialysis: Dr. Tanmay Pandya

Participants:

- Students: **180**
- Faculty Members: **8**

The session aimed to empower young minds with essential health knowledge and emergency response skills. A big step toward building a health-aware generation!



BLS Training & Posture Talk

DAV School, Sec-2, Ballabgarh



On 15 May 2025, another BLS Training and Health Talk session was held at DAV School, Sector 2

BLS Trainer: Dr. Prakriti

Health Talk: Posture Correction by Dr. Ajisha Ani

Participants

- 106 Students
- 5 Faculty Members

A meaningful step in educating youth on health, safety, and wellness



Health Check-up Camp

Ferrous Society, Sec-89



On 25 May 2025, a Free Health Check-up Camp was held at Ferrous Society, Greater Faridabad, by the Rotary Club of Faridabad Heritage.

Free Services Offered

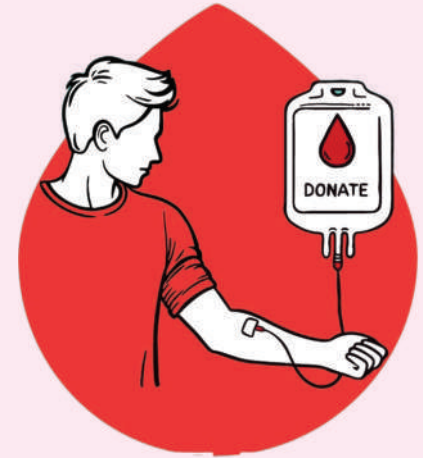
- **BP Check**
- **Sugar Testing**
- **ECG**
- **Hemoglobin & Cholesterol Tests**
- **Doctor Consultation**

Total Beneficiaries: 58 residents

A big thank you to all who joined in helping promote community wellness!



Blood Donation Camp



Blood Donation Camp – A Life-Saving Initiative

On 25 May 2025, a successful Blood Donation Camp was organized at Village Deegh, Faridabad by the Rotary Club of Faridabad Heritage, in association with Scope of Services – Sector 8 Hospital, Checker Housepital, and other partners.

71 units of blood were collected, thanks to the generosity of volunteers.

Standeers were placed across the village to promote awareness and participation.

Special Guest

Dr. Rajesh Shaukand, Deputy CMO

Dr. Harjinder, Deputy CMO

Mr. Amardeep Dagar, Social Worker

Thank you to everyone who made this event a success—your contribution can help save many lives!



तंबाकू की अदालत



तंबाकू की अदालत: – A Courtroom Drama Against Tobacco

On **World No Tobacco Day 31st May 2025**, at **District Court, Sector 12**, presented a powerful street play titled “तंबाकू की अदालत”

The unique performance featured a courtroom where tobacco stood accused, with vital organs testifying to its deadly impact. It powerfully conveyed the dangers of both active and passive smoking.



तंबाकू की अदालत



The event featured insightful talks by

Dr. Naveen Sancheti, Director – Surgical Oncology, Sarvodaya Hospital

Ms. Ritu Yadav, Chief Judicial Magistrate, Faridabad

The program concluded with an **anti-tobacco pledge** and information on **cessation support services**—inspiring many to commit to a tobacco-free life.



Shillong Diaries: Fellowship, Fun & Fond Memories

We are delighted to share that 16 families of the Rotary Club of Faridabad Heritage recently enjoyed a memorable 5-night tour to Shillong—a journey that truly captured the essence of Rotary fellowship.

This tour was a shining example of unity, patience, and togetherness. From exploring scenic landscapes to sharing heartfelt laughter and stories, every moment was made special because we experienced it as one big Rotary family.

The real highlight of the event can be seen in the smiles captured in the photos shared with this message—each picture tells a story of joy, connection, and cherished memories. The happiness on everyone's faces speaks volumes about the success of this journey.

Our heartfelt gratitude goes to Team Trawell Smith for their excellent planning, smooth arrangements, and thoughtful coordination, which ensured a comfortable and joyful experience for all.

We look forward to creating many more such unforgettable moments together. Until then, let's keep the spirit of Rotary alive in everything we do and carry these beautiful memories close to our hearts.

Rotary Club of Faridabad Heritage – Shillong Tour Group





Upcoming Birthdays

Happy BIRTHDAY

Rotary District 3011




Rtn. Satish Singla
1st June

Rotary Club of Faridabad Heritage

Wishing you the most joyous birthday!
May this and every year be special, magical and unforgettable.
Happy Birthday to You!

Happy BIRTHDAY

Rotary District 3011



Rtn. Vinod Gupta
6th June

Rotary Club of Faridabad Heritage

Wishing you the most joyous birthday!
May this and every year be special, magical and unforgettable.
Happy Birthday to You!

Happy BIRTHDAY

Rotary District 3011



Rtn. Deepak Tantia
6th June

Rotary Club of Faridabad Heritage

Wishing you the most joyous birthday!
May this and every year be special, magical and unforgettable.
Happy Birthday to You!

Upcoming Birthdays

Happy
BIRTHDAY

Rotary District 3011



Rtn. Deepa Gupta
28th June

Rotary Club of Faridabad Heritage

Wishing you the most joyous birthday!
May this and every year be special, magical and unforgettable.
Happy Birthday to You!

Happy
BIRTHDAY

Rotary District 3011

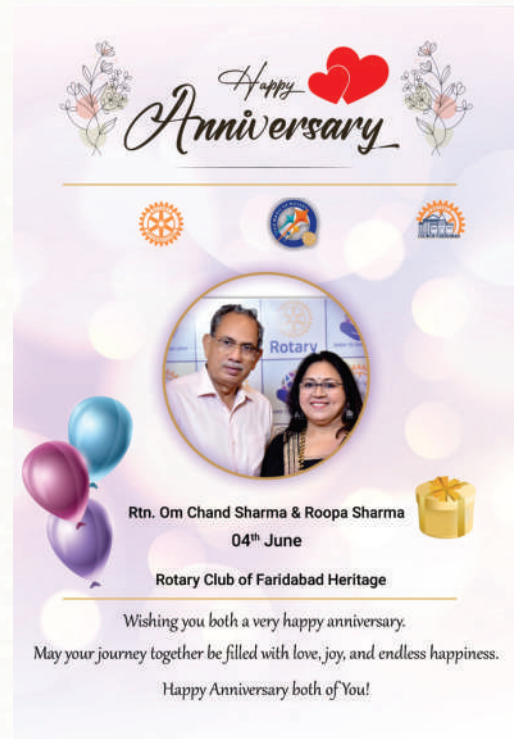


Rtn. Anila Gupta
29th June

Rotary Club of Faridabad Heritage

Wishing you the most joyous birthday!
May this and every year be special, magical and unforgettable.
Happy Birthday to You!

Upcoming Anniversary



A Ripple of Change:

The Story of Pooja and the Empty School

In a remote village in Rajasthan, where dusty roads meander between scattered huts, lived a young teacher named Pooja. She had completed her education in Jaipur and, against everyone's advice, chose to return to her native village to serve the community.

When Pooja first arrived at the government primary school where she was posted, she found it nearly abandoned — the blackboard cracked, desks broken, and not a single child in sight. The villagers had long lost faith in education. Most children worked in fields or tended to livestock. But Pooja didn't give up.

Each day, she walked from house to house, speaking to parents, playing with children, sharing stories, and slowly, changing hearts. She began teaching under a tree until a few children started showing up. She brought her own chalk, books, and even painted the classroom walls with vibrant colors.

Within six months, the school had 60 students. Within a year, it was recognized by the district for highest student improvement. Pooja had sparked a revolution — not by grand gestures, but with daily commitment, empathy, and resilience.

Today, the once-empty school is a thriving center of learning and joy. Pooja's story reminds us that real change doesn't always come from policies or speeches — it starts with one person who cares enough to try.

Rotarian Reflection

Pooja's journey reflects the Rotary spirit — service above self. Whether through education, healthcare, or humanitarian efforts, every action we take has the power to create a ripple of hope. As we continue our mission at Rotary Club of Faridabad Heritage, let us be the Poojas in our own communities.

Thank you

We would like to express our sincere gratitude for your continued support.
Your unwavering commitment makes a significant difference to our work.

Rotary
District 3011



ROTARY CLUB OF FARIDABAD HERITAGE

RTN. ANSHU GUPTA
President

RTN. KULDEEP SETHI
Secretary

RTN. VINOD GUPTA
Treasurer